

# Hereford Handbook

2017-2018



Awareness | Sustainability | Community

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Several interests studying  
Observatory space advise  
involved HSS  
years Breakfast College  
karaoke  
community  
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feets unique dinners around  
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Runk Herefordians group  
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chance Principal throughout talk annual  
Rotunda local LV usually Past BBOs issues held  
students Banquet  
Whyburn room winter new resource  
Lawn together  
Malone dinner House Hereford's  
larger best



*Welcome to  
Hereford!*



# Home on the Hill

Welcome (back) to Hereford, one of the greatest communities on Grounds!

Get ready to participate in all of the exciting programs/events happening this year, from our annual Alpha Dinner, Homecoming, and Convocation, to our monthly Vaughan Dinners with notable guests and meals with faculty Fellows. Hereford is the perfect blend of community, environmental and social awareness, scholarship, and fun! Living at Hereford means more than just having a residence hall to sleep in—it means having a home away from home.

Whether you are a new or returning “Herefordian,” we hope this handbook will provide you with some useful information as you start the academic year. Inside you’ll find an introduction to some of the people around Hereford, important contact information, and a guide to some of Hereford’s main attractions.

We look forward to running into you, whether you are playing frisbee on the Hereford Lawn, eating dinner at the *newly renovated* Runk Dining Hall, or hanging out with friends in the Hereford Hub.

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# Essential Information

Name	Position	Contact Info
Terry Hughes	College Administrator	<a href="mailto:tfh8f@virginia.edu">tfh8f@virginia.edu</a>
Wendy Cohn	Principal	<a href="mailto:wfc2r@virginia.edu">wfc2r@virginia.edu</a>
Caren Freeman	Director of Studies	<a href="mailto:cwf8q@virginia.edu">cwf8q@virginia.edu</a>
Chantal Madray	Graduate Assistant	<a href="mailto:chantal@virginia.edu">chantal@virginia.edu</a>
Momo Ihsan	HSS Consul	<a href="mailto:mai5hh@virginia.edu">mai5hh@virginia.edu</a>
Sarah Sanfilippo	HSS Consul	<a href="mailto:ss4fv@virginia.edu">ss4fv@virginia.edu</a>
Maryam Ansari	Senior Resident (SR)	<a href="mailto:msa2wr@virginia.edu">msa2wr@virginia.edu</a>

## Hereford's GPS Address

*Hereford Residential College*

*25 Hereford Drive*

*Charlottesville, VA 22904*

## Your Mailing Address

*Your Name*

*Room # A Residence Hall*

*Charlottesville, VA 22904-2155*

## *For Example:*

*Tina Fey*

*209 A Norris*

*Charlottesville, VA 22904-2155*

# Hereford History



Hereford was founded in 1992 as the second of UVA's residential colleges. Originally called the 'New' College, it was re-named in 1993 in honor of former University President and physics professor Frank L. Hereford. The college is located atop Observatory Hill, which is part of Jefferson's original land purchase when he founded the University. Hereford's location, with access to the nearby woods and Observatory, not only makes it unique, but also a vibrant part of the larger University community.

Hereford consists of *Norris* and *Whyburn* Halls as well as *Vaughan House*. Also on the Hill, are neighboring residence halls

Johnson, Malone, and Weedon (JMW). These halls are not part of Hereford, but share the same unique design—notably different from the rest of the University. Together with Vaughan House, these buildings are a reinterpretation of Jefferson's Academical Village plan with residence halls surrounding the central Hereford Lawn.

Since its founding, Hereford's location and natural surroundings have played a major role in community activities.

For example, Hereford developed a sustainability initiative wherein students promote green living through the use of reusable dishware, shower timers, and composting bins. In 2007, students and Hereford Fellows founded the Hereford Heritage Garden, which now provides a place for community interaction and organic food production.

Over Hereford's 25 years, five faculty members have served as Principal of the college: Melvin Chernob (Physics 1992-1996/2000); Daniel Bluestone (Architecture, 1996-1999); Louis Bloomfield (Physics/2001-2007); Nancy Takahashi (Architecture/2007-2013); and Wendy Cohn (Public Health Sciences/2013-present).

# Residential Colleges

In addition to traditional dorm life, UVA offers a special living environment in the form of residential colleges. Residential Colleges offer more than just a place to sleep; they are unique living and learning communities that mirror the ideals of Jefferson's Academical Village through providing opportunities for student self-governance, meaningful student-faculty interaction, and other intellectual and cultural pursuits.

The Hereford community is just one part of the residential college system at UVA.

The three residential colleges at UVA—Hereford, Brown, and the International Residential College (IRC)—share similar structures and resources beginning with their emphasis on student leadership and self-governance. To support the student leaders, each college has a team of faculty and staff. The faculty Principal lives on Grounds with her/his family. Then, there is also a Director of Studies, Graduate Assistant, and College Administrator.

Living at a residential college comes with the following benefits:

- A family and home away from home
- Unique 1-credit short courses and workshops
- UVA faculty and staff as neighbors and mentors
- Leadership and research opportunities
- An abundance of activities and programs

The three residential colleges also host inter-residential college events and programs, such as glow-in-the-dark capture the flag (on the UVA Lawn) and various game nights.

## Other Colleges

Although the colleges share structures and ideals, each has their own identity, culture, traditions, and programs that address the needs and interests of their specific community members.

For example:

Brown students, known as “Brownies,” host an annual haunted house in October known as “The Hauntings.”

IRC students and Fellows participate in formal banquets throughout the year.

# Hereford Traditions

*Congratulations on becoming a member of one of the greatest communities on Grounds! As you probably know, Mr. Jefferson's University is a place steeped in tradition, and Hereford is no different. Herefordians eat together, study together, and play together. From the day they arrive, all Herefordians are warmly invited to play a role in our community, whether that might be through joining in on one of the following traditions or inventing a new one.*

## Bloomfield Cup

Named after our third Principal, Lou Bloomfield, the Bloomfield Cup is the annual flag football tournament held between the two Hereford residence halls. Each spring, the current and past halls (Whyburn and Norris, along with Johnson, Malone, and Weedon) compete for the coveted cup on the Hereford Lawn. The winners have the honor of displaying the Bloomfield Cup (a trophy) in their residence hall for the year.



## Rotunda Banquet

The Rotunda Banquet is a semi-formal dinner held every fall in the Dome Room of the Rotunda. This event is popular because of its unique location and the fact that it provides students with the opportunity to break-out their evening-wear. This past year, 2016-2017, was Hereford's first Rotunda Banquet after a two-year hiatus due to the Rotunda restoration project.







## Breakfast Club

Breakfast Club is a time when Herefordians get together in the Hereford Hub for some tasty breakfast on their way to class. Breakfast Club occurs once a week. You're likely to find coffee, bagels, and other delicious pastries on these days!



## Garden Days

Throughout the fall and spring semesters, Hereford's Garden Leader and Graduate Assistant host informal gatherings with residents in the garden to harvest what has grown, mulch, weed, transplant new seedlings, etc. You're likely to find healthy snacks, juices, and music in the garden on these days!



## Convocation

Held at the beginning of each school year in the Hereford amphitheater, this candle-lit ceremony welcomes all new members into the Hereford community. This celebration marks the unofficial start of the new school year and is often anticipated as one of the first official gatherings of the entire Hereford community.



## Jefferson Cups

Graduating Hereford residents are gifted with a traditional Jefferson Cup inscribed with the Hereford shield. These cups are distributed at the Omega Dinner at the end of the year. These gifts are bittersweet as we are so proud of our graduates, but sad to have them leave.



# *People*

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# Hereford Student Senate

## WHAT?

HSS determines major programs and events and also represents Hereford students to the “Dream Team” (Hereford Administration). As your leaders, HSS answers to YOU and is responsible for meeting the needs of *all* Herefordians.

## WHO?

An elected group of your student colleagues including first, second, third, and fourth years. Members of HSS represent many majors, schools, and residence hall floors.

## WHY?

Nearly all aspects of Hereford are student-initiated and student-run. HSS is the primary way in which you can contribute to the Hereford community.

## WHEN?

HSS meets once a week and *all Herefordians are encouraged to attend these meetings.*

The Hereford Student Senate (HSS) is the primary student leadership body at Hereford. This organization is responsible for meeting the needs of Hereford residents through programming, events, and other initiatives. To accomplish this, HSS wields an annual budget of approximately \$20,000 made up of your student fees. These funds are used to meet the needs of the community, broadly defined. Pre-game BBQs, banquets, and Breakfast Clubs are some of the events that the HSS budget makes possible.

The Senate is composed of a diverse group of residents from all four years and is led by a dynamic Executive Committee consisting of two Consuls, a Secretary, Treasurer, Recruitment & Retainment Chair, and Publicity Chair. HSS convenes each week to discuss ongoing issues and program requests in meetings that are open to the entire Hereford community. The Senate works closely with other groups at Hereford, including the RAs, and allocates the annual budget to these groups and other student-initiated programs/events. All students are encouraged to get involved with HSS, either by serving as a senator or by sharing ideas/concerns.

## 2017-2018

# Hereford Student Senate (HSS) Officers

### **Co-Consuls:** Momo Ihsan and Sarah Sanfilippo

*Consuls oversee the organization and implementation of all HSS programs, lead weekly meetings, represent HSS at weekly meetings with Hereford staff, represent Hereford at meetings with other residential colleges, etc.*

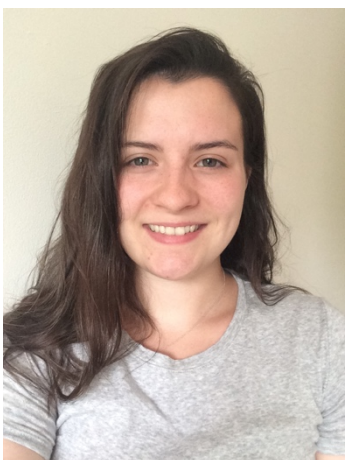


Hello Fellow Herefordians! My name is Mohamed Ihsan (aka Momo), I am a third-year student studying Computer Science. I enjoy many things, including making and playing board games, running, drawing, reading, writing, hiking, nature walks and having new experiences whenever and wherever I can. I can foresee a most splendid year together at Hereford, and I look forward to it!



Hi Hereford! My name is Sarah and I'm a second-year from Pittsburgh, PA, looking to study WGS. I am the Body Positive Intern of the Women's Health Center in Charlottesville, and I'm passionate about seeing people and places grow and thrive to meet their full potentials. I also really like dogs. Hereford has served as a great home away from home for me my first year, and I am excited to play a leadership role in making sure it continues doing so for everyone else!

**Secretary:** Abby Taft *Documents the weekly meetings—ask her if you'd like to read the notes!*



Hi Hereford! My name is Abby Taft and I am a Virginia native. I love to garden, read and write, and ride horses. I work as a vet assistant in my home town and love to take care of animals. Here at school, I am enjoying working on my biology major and pre-medical requirements.

**Treasurer:** Monica Kuo

*Keeps track of the \$20,000 budget!*



Hi Hereford! I am a fourth-year student in the College pursuing pre-medical studies and a computer science degree. I have been in the Hereford community since first-year and am excited to return for my final year at UVA. I have served as the Senate's publicity manager and Consul in the past and am thrilled to begin my role as the treasurer this coming year!

**Recruitment and Retainment Chair:** Catherine Strawley

Hi Hereford! My name is Catherine Strawley, and I am a second-year Hereford resident majoring in Economics and studying to attend medical school. My major passions include music, environmentalism, and service; and in my free time I enjoy spending time with friends, exploring the outdoors, and playing violin and singing.

**Publicity Chair:** Amy Zhao

*Oversees the advertisement of HSS programs & events through the Hereford Happenings and other means*



Hi Hereford! I am a fourth-year in the College majoring in Computer Science. When I am not coding away in Rice, I like drawing, hiking, and exploring Charlottesville with friends. I am excited to get to know everyone and help create a friendly and encouraging environment within the Hereford community. Feel free to stop by my room on 2nd floor Norris to ask any questions or just to say 'hi'!

## HSS Committees

Committee Name	Committee Chair	Email
Sustainability	Kelly Tran	<a href="mailto:kdt5kj@virginia.edu">kdt5kj@virginia.edu</a>
Needs, Advocacy, Physical Space (NAPS)	Rebecca Towler & Co-Chair TBD	<a href="mailto:rat4yk@virginia.edu">rat4yk@virginia.edu</a>
Social	Tarun Goswami	<a href="mailto:tg2gf@virginia.edu">tg2gf@virginia.edu</a>
Banquet	Evan Sheldahl	<a href="mailto:ees3ht@virginia.edu">ees3ht@virginia.edu</a>
Social Awareness	TBD	
Outreach	Catherine Strawley & Co-Chair TBD	<a href="mailto:ces9ra@virginia.edu">ces9ra@virginia.edu</a>
Publicity	Amy Zhao	<a href="mailto:awz4pc@virginia.edu">awz4pc@virginia.edu</a>
Fellows	Alex Chmielinski	<a href="mailto:ac3dm@virginia.edu">ac3dm@virginia.edu</a>

### WHAT DOES HSS DO FOR YOU?

- Makes the Hereford community a fun place to live with social events, including banquets, pre-game BBQs, s'mores nights, and more!
- Organizes special interest programs such as yoga classes, group hiking trips, and excursions to D.C., Richmond, and other area attractions
- Invites special guests and/or speakers to Hereford
- Funds student-initiated projects or endeavors (just submit a program request for HSS approval!)

# Resident Advisors

*Resident Advisors (RAs) are staff members of UVA's Office of Housing and Residence Life who contribute to the safety and well-being of the Hereford community. Each RA is responsible for one or two floors of residents and undergoes comprehensive training to prepare for their year-long position. Through informal activities, formal programs, and peer advising, Hereford's RAs support the physical, mental, emotional, and academic well-being of their residents. Herefordians can approach their RAs for friendship, advice, resources, concerns, and more!*

## Maryam Ansari, Senior Resident



Hi my name is Maryam Ansari, and I am the current Senior Resident (SR) of Hereford. I have been part of the Residential Staff since my second year, and I am enthusiastic to continue serving our community! Here are some fun facts about me:

I have lived in Hereford since my first year (I am a fourth-year now), where I have made some of my closest friends. I am passionate about art and story-telling, but somehow found myself studying Chemical Engineering. I would also describe myself as a bit of an introvert, and on occasion, some have described me as "strange" and "weird" (go ahead and ask the other upperclassmen!). I also deeply love my community, and I can't wait to see what the year brings for us!

## Chiara Sauvage, Norris House



Hey there, Hereford! My name is Chiara Sauvage and I am the RA of second and ground floor Norris. I am a fourth-year computer science major in the Engineering School, hoping to be a software engineer after graduation. I am a Potterhead, a Whovian, a Sherlockian (I think that's the name?), and definitely a lot of other fandoms that I can't think of right now. I love to read, watch shows, and talk about anything and everything (normally loudly and at length). Ask me about my summer (it's honestly been the best one yet). Can't wait to meet and get to know each of you! <3

## Dalton Anderson, Norris House



Hey all! Welcome to Hereford Residential College. My name is Dalton Anderson, and I'll be the RA for first floor Norris this year. I'm a third-year mechanical engineer from Middlesex, Virginia. My passion is woodworking and you'll most likely see me around Hereford hanging out with friends or practicing my guitar. If you ever see me around, feel free to strike up a conversation, I'm always down for a good discussion!



## Renee Mitchell, Norris House



What's up, Hereford? I'm a second-year planning to major in computer engineering and minor in design integration. In my free time, you'll probably find me building things in a lab, singing for the church worship band, taking pictures of flowers or of people, or chilling in the Hereford Hub with all of you! If there are cute animals on Grounds at any point, you just might find me there with them too. Overall, I'm incredibly excited to be an RA at Hereford so I can get to know all of you!

## Derek Boylan, Whyburn House



Hi Hereford! I'm a third-year biomedical engineering student, and this is my second year as the RA for third floor Whyburn. I love music, exploring the outdoors, playing video games and competing on Hereford's elite IM Ultimate Frisbee team. I'm super excited to meet everyone and to get the year started!

## Freda Assuah, Whyburn House



Hi Hereford! My name is Freda Biyaa Assuah and I am a Cognitive Science major with a Computer Science concentration. I am a fourth-year from Accra, Ghana. This is my second year on staff but I have lived in Hereford for the past three years. Hereford is a great community that has helped me grow as an individual and I hope it does the same for you!

## Joseph Tobin, Whyburn House



Hey there! I am a fourth-year student in the College of Arts and Sciences majoring in Mathematics and Computer Science. I was born and raised in Cranford, New Jersey (~25 miles outside of NYC). As far as interests go, I really enjoy playing sports (soccer, badminton, racquetball, ping pong, anything really), board games, and being in the great outdoors. In addition to my involvement with Hereford, I also enjoy being an active member of the computer science community at UVA (ask me about ACM), organically farming garlic, and pretending I can understand math/theoretical computer science papers.

# Faculty Principal

## Wendy Cohn

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*The Faculty Principal is the head of Hereford Residential College. The Principal lives with her family in Vaughan House, adjacent to the HRC houses Norris and Whyburn. She provides leadership and guidance in all aspects of Hereford life. She acts as the administrative head of the college, serving as liaison to University administrators and other departments. She is also a resource for academic or other issues that may arise for students throughout the year.*



Wendy has called Charlottesville home for the last 24 years, beginning as a graduate student and now as a faculty member in the Department of Public Health Sciences in the School of Medicine. Originally from Connecticut, Wendy attended Hobart and William Smith Colleges as an undergraduate.

Wendy is an educator and a researcher; her work has been funded by the National Institutes of Health (NIH), WK Kellogg Foundation, and the Robert Wood Johnson Foundation. Some of her interests include cancer prevention and control, web-based tools, and mobile apps for health and disease prevention. She openly engages graduate and undergraduate students in her work, including Herefordians.

In her (non-existent) free time, Wendy enjoys biking, hiking, and spending time with her family.

### How to reach Wendy

Send her an email

[wfc2r@virginia.edu](mailto:wfc2r@virginia.edu)

Find her in Lower Vaughan  
or say 'hi' in Runk

# Principal's Family

## Schaeffer Somers, Zoe & Hannah



Schaeffer is a professional grazer, who started out as an Aerospace Engineer at UVA as an undergraduate and helped design software for astronaut training in the Space Station Program at Johnson Space Center. His day job is teaching Architecture and Public Health Sciences—Schaeffer and Wendy co-teach a course in the Fall called the Built Environment & Public Health: Local to Global. He also plays and coaches soccer, so you might see him practicing his skills in the Hereford grass or muttering coaching points to himself. Schaeffer also likes talking about the design of Hereford and Vaughan House, so feel free to ask for a tour when you visit. On weekends, you will find Schaeffer playing soccer with his daughters or walking their dog on the trails of O-Hill.



Zoe and Hannah are both born and raised in Charlottesville and will be entering 8<sup>th</sup> grade and 6<sup>th</sup> grade, respectively, at the Village School. When they are not practicing their Latin vocabulary, or doing their other homework, they can be found playing soccer or enjoying their new puppy. Both girls enjoy meeting students at Hereford and treating themselves to the soft-serve ice cream and soda fountains at Runk Dining Hall.

# College Administrator

Terry Hughes

*The College Administrator takes care of day-to-day matters at Hereford that make all of our programs and events possible. Her office is located in the Hereford Hub (Lower Vaughan).*



Welcome to Hereford!  
I am the College Administrator for Hereford. I reside in the beautiful foothills of the Blue Ridge Mountains in Nelson County (a half hour drive). Feel free to stop by my office in Lower Vaughan (top of the Hill) and say 'hi.'

## How to reach Terry

Send her an email at: [tfh8f@virginia.edu](mailto:tfh8f@virginia.edu)

or

Visit her in the Hub between 9-5, M-F

## Things you can do in Terry's Office:

- *Pick up Hereford-related forms or documents*
- *Ask questions or find out information regarding Hereford events or deadlines*
- *Grab some snacks*
- *Purchase a Hereford t-shirt or hoodie*
- *Chat with Terry!*

# Director of Studies

Caren Freeman

*Caren seizes all opportunities to foster cross-cultural exploration. Because a large number of Chinese international students live at Hereford, Caren created a weekly gathering called **Dumplings with Huoban** to promote dialogue between residents from China and those from the U.S. and other countries. It's a chance to learn about one another in a relaxed environment while eating handmade dumplings and kimchi. Don't miss it! In the spring, you can pursue these transnational encounters more fully by enrolling in **Global Engagement at Home and Abroad: Hereford College in China (GSGS 2559 3 credits)**, a global studies course with an embedded study abroad trip to Shanghai.*



Caren Freeman is a cultural anthropologist and the Director of Studies at Hereford Residential College. Her irrepressible wanderlust has led her to many places around the globe, but South Korea and China have ensorcelled her. Her previous research on gender, marriage and ethnonational identity in contemporary South Korea and China produced a book entitled *Making and Faking Kinship*. Caren's current project sets out to make sense of the skyrocketing divorce rate in South Korea. When she is not advising international students in the ISO or contemplating other worlds, she can be found meandering the trails on O'Hill with Meimei (87 dog years) or watching Benhui (15) and Sohie (11) play the beautiful game.

## How to reach Caren

Send her an email at: [cwf8q@virginia.edu](mailto:cwf8q@virginia.edu)

OR

Join her for weekly Dumplings with Huoban in the Hub and look out for invitations to watch Korean and Chinese dramas in her Malone living room!

# Graduate Assistant

## Chantal Madray

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*The Graduate Assistant supports the academic, social, and leadership programs at Hereford. Some of her duties include coordinating monthly Food with Fellows dinners, supporting HRC weekly events, working with the Hereford Student Senate, managing the Hereford website, and creating outreach materials for community-wide events. She acts as a liaison between students, Fellows, and the “Dream Team” (formerly known as the Hereford Administration).*



Chantal attended UVA as an undergraduate, where she majored in Environmental Thought & Practice and minored in Global Sustainability. She is now a 2nd year graduate student on a mission to save the planet. She has served as Hereford's Graduate Assistant since the Fall of 2016 and is looking forward to the coming year! This fall, Chantal will be co-teaching a Hereford short course, *Exiled: Examining Environmental & Social Upheaval Through Documentary Film*, with Director of Studies, Caren Freeman. In the spring, she will be co-teaching another short course, *Sustainability, the Residential College, and You*, with Faculty Principal, Wendy Cohn.

For more information about Hereford programs and events, please refer to the *Hereford Traditions* and/or *Other Offerings* section of this handbook. You can also visit our website at <https://hereford.virginia.edu>.

### How to reach Chantal

Send her an email at: [chantal@virginia.edu](mailto:chantal@virginia.edu)

OR

Say 'hi' in the Hereford Hub or in Runk!

# Hereford Fellows



One perk of living at Hereford is the long list of faculty and community fellows associated with the college. Fellows are members of the University or Charlottesville community who participate in our community, offering students a chance to get to know professors, administrators, and others in a smaller setting.

Fellows serve as an academic resource to students—many teach interesting 1-credit short courses for Hereford

students or lead small advising groups in their field. Fellows also contribute to Hereford in other ways, from sharing stories with students over dinner, to leading field trips to interesting sites around Charlottesville, and grilling hamburgers & carving pumpkins at the annual Hillfest. Where else do you have the chance to grill hamburgers with your religious studies or engineering professors?

## How to Meet Fellows

- *Take a short course in their field of study*
- *Chat about your day while eating dinner in Runk*
- *Talk to fellows at Hereford-wide events, like banquets*
- *Remember: fellows are people too! Chances are they are asking the question “how can I meet more students?”*

*To learn more about our Fellows visit Hereford’s website or see the table on the following two pages*



# Our Fellows

Name	Position	Email
Aaron Laushway	Associate Dean of Students	<a href="mailto:fal4x@virginia.edu">fal4x@virginia.edu</a>
Bill Petri	Professor of Medicine	<a href="mailto:wap3g@virginia.edu">wap3g@virginia.edu</a>
Cale Jaffe	Assistant Professor of Law	<a href="mailto:cjaffe@virginia.edu">cjaffe@virginia.edu</a>
David Morris	Professor of Medicine	<a href="mailto:djm7k@virginia.edu">djm7k@virginia.edu</a>
Diana Morris	Lecturer, School of Engineering	<a href="mailto:dmd8a@virginia.edu">dmd8a@virginia.edu</a>
Ed Murphy	Professor of Astronomy	<a href="mailto:emm8x@virginia.edu">emm8x@virginia.edu</a>
Elaine Bailey	Clinical Psychologist at Student Health	<a href="mailto:etbailey@virginia.edu">etbailey@virginia.edu</a>
John Alexander	Associate Director of SHANTI	<a href="mailto:john@virginia.edu">john@virginia.edu</a>
Karl Shuve	Professor of Religious Studies	<a href="mailto:kes3ba@virginia.edu">kes3ba@virginia.edu</a>
Katy Ambrose	Lecturer, McIntire Department of Music	<a href="mailto:katy.ambrose@gmail.com">katy.ambrose@gmail.com</a>
Keith Williams	Lecturer, Physics Department	<a href="mailto:kaw7y@virginia.edu">kaw7y@virginia.edu</a>
Kimberly Bassett	Assistant Dean, Office of African-American Affairs	<a href="mailto:kcb6j@virginia.edu">kcb6j@virginia.edu</a>

(1 of 2)

You can find photos & bios of our Fellows at: <https://hereford.virginia.edu/people/fellows>

Continued...

Name	Position	Email
Lisa Shutt	Director of Undergraduate Studies at the Woodson Institute for African-American and African Studies at UVA	<a href="mailto:lisashutt@virginia.edu">lisashutt@virginia.edu</a>
Michael Fowler	Professor of Physics	<a href="mailto:Mf1i@virginia.edu">Mf1i@virginia.edu</a>
Pam DeGuzman	Assistant Professor of Nursing	<a href="mailto:Deguzman@virginia.edu">Deguzman@virginia.edu</a>
Paul Freedman	Associate Professor of Politics	<a href="mailto:freedman@virginia.edu">freedman@virginia.edu</a>
Paul Harris	Professor of Counseling Education (Curry School)	<a href="mailto:Pch3y@virginia.edu">Pch3y@virginia.edu</a>
Rebecca Dillingham	Director of UVA's Center for Global Health	<a href="mailto:Rd8v@virginia.edu">Rd8v@virginia.edu</a>
Reid Bailey	Associate Professor of Systems and Information Engineering	<a href="mailto:rrb5b@virginia.edu">rrb5b@virginia.edu</a>
Richard Tanson	Sr. International Student & Scholar Advisor (ISO)	<a href="mailto:tanson@virginia.edu">tanson@virginia.edu</a>
Stephen Macko	Professor of Environmental Sciences	<a href="mailto:sam8f@virginia.edu">sam8f@virginia.edu</a>
Tyler Jo Smith	Professor of Archaeology	<a href="mailto:tjs6e@virginia.edu">tjs6e@virginia.edu</a>
Vicki Hawes	Assistant Director of Facilities Management	<a href="mailto:vlh4n@virginia.edu">vlh4n@virginia.edu</a>
Wu-Seng (Winston) Lung	Professor of Civil and Environmental Engineering	<a href="mailto:wl@virginia.edu">wl@virginia.edu</a>

## 2016-2017 Year in Photos



Beginning of the year Alpha Dinner



RA Derek Boylan's Band, *Collages*



Masquerade Banquet



Carrots growing in the garden



Chinese New Year Banquet



Fourth-year residents Emily, Kristen, and Katherine (sporting her Hereford Graduation Shall)

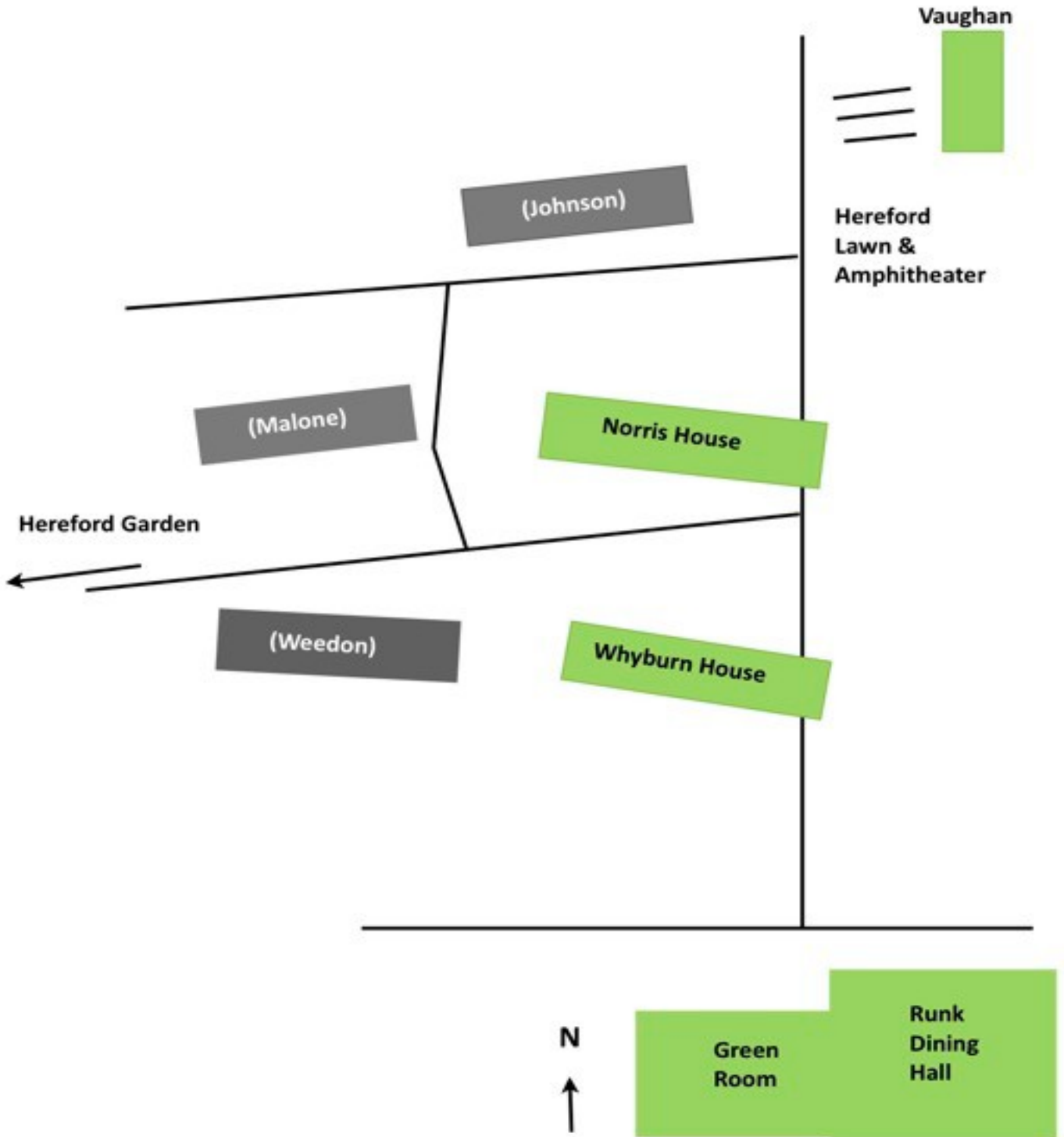


# *Living @ Hereford*

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# The Hereford Hill

*The buildings in green are part of Hereford Residential College:*



# Hereford Spaces

*There are several common spaces that make up Hereford Residential College, where Herefordians often attend events, study, or hang-out. Here is a quick rundown of the spaces you should know about!*

## The Hereford Hub

One of the main perks of living in Hereford is having access to our exclusive common-space: *the Hereford Hub*. The Hub is located in Lower Vaughan House, the lower story of the brick building located at the top of the Hereford Hill (the upper story of the building is Vaughan House, the Faculty Principal's residence). You must use your ID card to enter this space. The Hub is Hereford's main common area where students meet to hang-out, hold meetings, etc. The space is equipped with comfortable couches as well as a big-screen TV for movie nights. We also have a study room (see image below) and a private classroom /conference room for group study sessions or small group meetings. Since we know you are up at all hours of the day and night, the Hub is stocked with coffee and tea and also has a refrigerator.



- Get a mug of coffee, tea, or hot chocolate
- Hang out with your friends to watch a movie or just lounge in the comfy chairs and couches
- Borrow a game
- Schedule a weekly screening of your favorite TV show
- Hold a meeting for a group project
- Visit the College Administrator, Terry
- Find out what's going on around Hereford through the message board or flyers on the wall
- Attend Breakfast Club
- Drop in to weekly mindfulness sessions
- Attend weekly Dumplings with Huoban
- Check-out the publications of Hereford Fellows and distinguished guests

## Vaughan House (Upper Vaughan)

Above Lower Vaughan you will find Vaughan House (aka Upper Vaughan), the residence of our Faculty Principal and her family. Although this is their private home (and therefore not open to us *all* the time), the Principal often holds smaller events, such as Vaughan Dinners, study breaks, movie nights, etc.

## Runk Green Room

Next to the Runk Mail Room is the Green Room—a large meeting space where Hereford holds many events, like banquets. The room is set with equipment for movies, karaoke, and TV on a big screen projector.

## Hereford Heritage Garden

The garden is a completely student-organized and operated space. Headed by Hereford's Garden Leader, Abby Taft, the garden is a place where many Herefordians volunteer their time planning, planting, harvesting, and eating the produce.

## Hereford Lawn & Amphitheater

Since Hereford is located in such beautiful surroundings, many of our students spend a great deal of time outside, enjoying the scenery. The Hereford Lawn is the large grassy hill located next to the residence halls. At the top of the hill is the amphitheater. You will often find students playing soccer, frisbee, or other sports on the Lawn as well as studying or reading in the chairs or hammocks. We also hold several events in this space throughout the year, such as the Alpha Dinner (beginning of the year) and Omega Dinner (end of the year).

## Observatory Hill Trails

Hereford is located atop Observatory Hill (named for its proximity to UVA's McCormick Observatory on Mt. Jefferson, where you can find over 7 miles of wooded hiking, biking, and running trails. HSS hosts periodic group hikes and walking tours of these historic grounds.

# Logistics

## Runk Dining Hall

Hereford is home to one of the best dining halls on Grounds at the base of our hill: Runk. You can find Herefordians, members of the Dream Team (Hereford Administration), Fellows, and other members of the UVA community sharing meals in this space.

## Mailroom

We are lucky to have a mailroom as part of the Hereford complex located to the right-hand side of Runk (next to the laundry facilities). You can pick up your mail and any packages here. Package pick-up is *usually* available from 2-6pm M-F.

## Laundry

Hereford laundry facilities are located next to the mailroom (to the far-right hand side of Runk). In this space, you must use CavAdvantage as your payment method.

## Parking

Permitted parking is available for upper-class students in the S9 spots at the top and bottom of Hereford Hill. Contact the Parking and Transportation office for more information.

## Kitchens

Need a break from the dining hall or feel like trying your hand at a new recipe? You're in luck because both Whyburn and Norris have their own kitchens on the first floor. Each kitchen is equipped with a sink, oven, microwave, and refrigerator.

## *Location, Location, Location!*

One of the best parts of living at Hereford is its beautiful location atop Observatory Hill and the green landscape available to students. At Hereford, Herefordians have access to hammocks, picnic tables, and the Lawn for studying outside. We also provide slacklines, sporting nets, and other sports equipment. We even head outside in the winter for sledding down the hill or s'mores around our fire pit!

If you want to explore the Charlottesville community, you can just hop on a UTS or CAT bus for easy access to Central Grounds, Downtown, or Barracks Road (see below for details):

### Free Trolley Bus Stops

(Downtown, the Corner, Central Grounds)

### UVA Northline Bus Stops

Central Grounds, O-Hill, UVA Bookstore, and Barracks Road Shopping Center



# Our Neighborhood

## Fry's Spring Station

---

*Hereford is only a short 5-minute walk from the Fry's Spring area of Charlottesville with a number of affordable restaurants for those days when you need a break from the dining hall.*

### 1. Wayside Ol' Virginia Fried Chicken

For over 40 years, Wayside Chicken has been a favorite in Charlottesville, serving some of the best fried chicken around. The mac & cheese and collard greens are also outstanding!

### 2. Wayside Deli and Convenience Store

Grab a delicious sandwich and pick-up other essentials here.

### 3. Atlas Coffee

Open in the morning for hot, fresh, and tasty coffee and pastries. Free wifi and great outside seating. Locally owned, serving unique coffee roasts.

### 4. Guadalajara Mexican Grill

Good Mexican food at a great price!

### 5. Thai '99

Try the drunken noodles, pad thai, and rice plates!

### 6. Fry's Spring Station

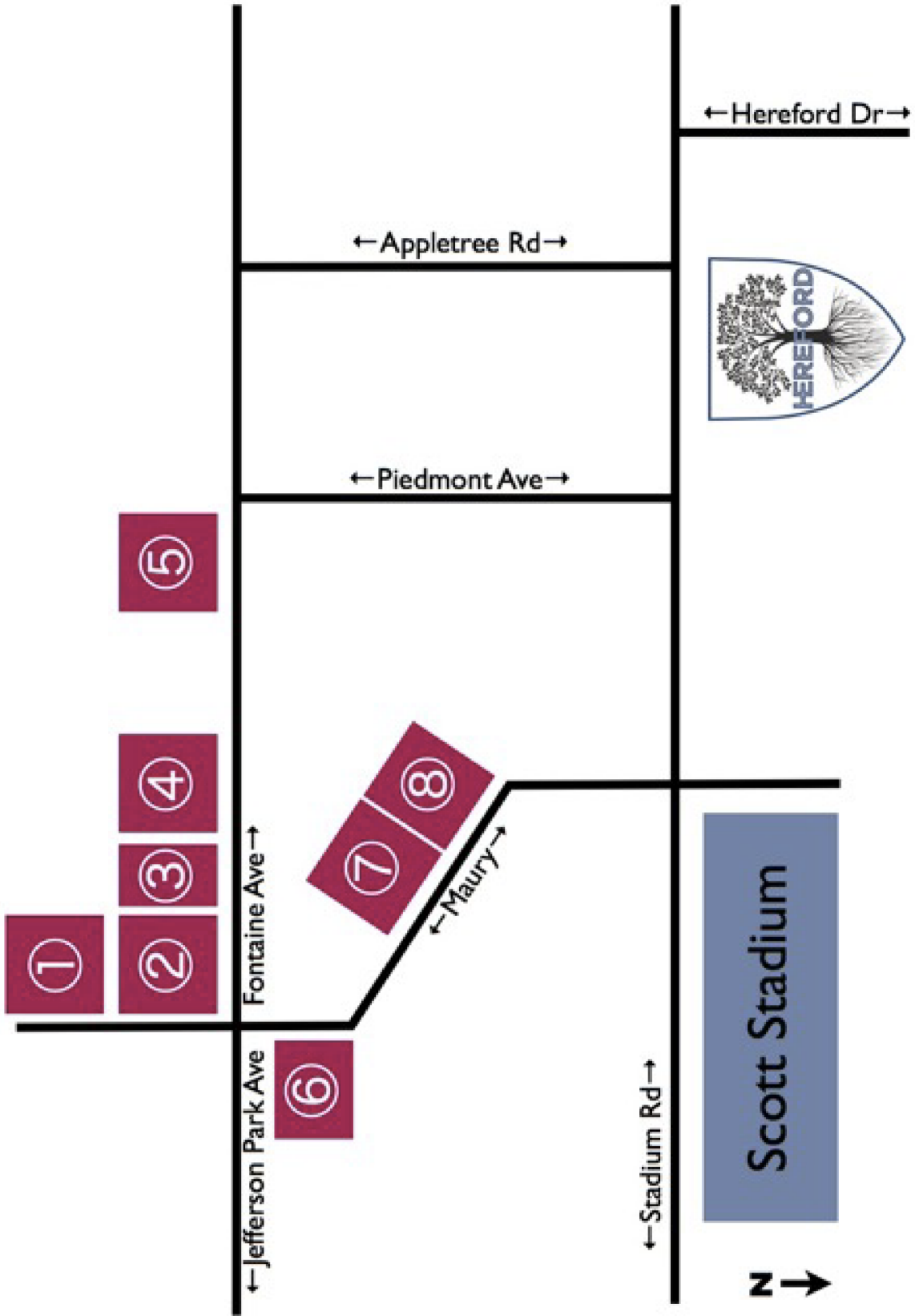
With an upbeat and modern vibe, this renovated gas station serves tasty wood-oven pizza, micro-brew beer, salads, pasta, and delicious paninis. Outdoor seating is available with a fire pit.

### 7. Anna's Pizza

This family owned and operated 'ristorante italiano' has been open since 1976. It has a casual atmosphere and serves appetizers, salads, burgers, hot submarines, pizza, spaghetti, beer, and wine.

### 8. Yuan Ho Carry-Out

Fantastic Chinese cuisine available for carry out or delivery right down the street from Hereford.





# *Learning @ Hereford*

- 33 Short Courses
- 34 Other Offerings

# Short Courses

*Each semester Hereford Fellows offer a series of 1-credit short courses on interesting & unique topics that you may not be able to find in your major's department. These classes are small (usually limited to 10-12 students), meet at Hereford, are often scheduled in the evenings, and last for only a portion of the semester (approx. 7 weeks). Short courses are a chance for students to explore a topic of interest beyond their field of study and get to know a faculty Fellow in a smaller environment.*

INST 2550

## Garden Party

**TBD**

Roll-up your sleeves and get ready to work in Hereford's Heritage Garden! In this course, you will acquire a holistic understanding of gardening and farming. Starting with the soil, you will learn the best methods for cultivating a garden, including planting seeds, preparing beds, transplanting seedlings, and more! In the fall, students especially enjoy harvesting & eating what has grown in the garden over the summer.

INST 2550

## Re-Thinking the Student Experience at Hereford

**Schaeffer Somers, Wed., Time TBD**

Grab your post-it notes! This short course will introduce and apply the concepts of Design Thinking or Human Centered Design to rethink the experience of students at HRC. You will learn about empathy, interviewing, ethnographic observation, defining needs, brainstorming ideas, prototyping solutions, and testing your designs with the student-users of Hereford.

INST 2550

## Exiled: Examining Environmental & Social Upheaval Through Documentary Film

**Caren Freeman and Chantal Madray**

**Thurs. 7:00-9:00 pm**

Documentary film is an especially powerful medium for exploring social and environmental displacement. Together we will watch and discuss films set in different countries. Collectively they provide an up-close look at some of the major contemporary causes and consequences of exile. We invite you to embark on this journey with us around the (human, non-human and inhuman) world in 6 documentaries.



# Other Offerings...

## Food with Fellows

These dinners give students the opportunity to get to know Hereford Fellows over a casual, tasty dinner. Dinners are held in the Hereford Hub and there is no agenda—students are free to ask Fellows questions and get to know them on a more personal level.

## Vaughan Dinners

Several times throughout the year, the Hereford Principal hosts small, informal dinners at her home to which she invites prominent speakers, professors, leaders, or other people of interest. Students can sign-up to attend these dinners and have a chance to meet and talk with notable guests from within the University and larger community. Past guests have included Bill Antholis, Director and CEO at the Miller Center, David Grinspoon, Sr. Scientist at the Planetary Science Institute and author of *Earth in Human Hands*, and Casey Kerrigan, Founder of OESH. Students are notified of these events in advance and can sign-up, spaces are limited and go fast so check your email!

## Dumplings with Huoban

This past year, our new Director of Studies and anthropologist, Caren Freeman, held weekly gatherings called “Dumplings with Huoban.” The purpose of this group is to promote conversation on topics relevant to Chinese society and conducive to cross-cultural reflection. This year, students launched their cross-cultural partnership with a meal at Gingko and took responsibility for leading one of the weekly discussions. Topics included the rigors of preparing for the Chinese college exam (gaokao) and the culture bound nature of democracy and communism. No matter what the group talked about, they always ate their fill of dumplings and learned a few new words in Chinese! All are welcome to attend these gatherings.

## Workshops & Series Events

Hereford is dedicated to matching the needs and interests of all its residents and develops different programs on an annual basis. Past workshops, series events, etc. have included a mini-series on Stress Reduction/Mindfulness to counter the anxiety that accompanies being a college student, open-dialogues to address current events and hot topics, and enrichment trips to local places of interest, such as Polyface Farm, Museums in D.C., and places in Richmond. In the past, HSS also sponsored a book club. These events occur based on student interest.



# *Resources*

- 36 Academic Calendar
- 37 Hereford Fall Events Calendar

# Academic Calendar

## FALL SEMESTER 2017

Orientation	Sat. August 19 <sup>th</sup> - Mon. August 21 <sup>st</sup>
Courses begin	Tues., August 22 <sup>nd</sup>
Add/Drop/Withdrawal	Varies by School
Reading Days	Sat., September 30 <sup>th</sup> -Tues., October 3 <sup>rd</sup>
Fall Convocation/Family Weekend	Fri., November 3 <sup>rd</sup> - Sun., November 5 <sup>th</sup>
Thanksgiving recess	Wed., November 22 <sup>nd</sup> Sun., November 26 <sup>th</sup>
Courses end	Tues., December 5 <sup>th</sup>
Reading Day	Wed., December 6 <sup>th</sup>
Examinations	Thurs., December 7 <sup>th</sup> -Fri., December 15 <sup>th</sup>
Reading Days	Sun., December 10 <sup>th</sup> ; Wed., December 13 <sup>th</sup>
Fall degrees conferred	Fri., December 29 <sup>th</sup>

## SPRING SEMESTER 2018

Courses begin	Wed., January 17 <sup>th</sup>
University Holiday	Mon., January 19 (MLK Day)
Add/Drop/Withdrawal	Varies by School
Spring recess	Sat., March 3 <sup>rd</sup> -Sun., March 11 <sup>th</sup>
Courses end	Tues., May 1 <sup>st</sup>
Reading Day	Wed., May 2 <sup>nd</sup>
Examinations	Thurs., May 3 <sup>rd</sup> -Fri., May 11 <sup>th</sup>
Reading Days	Sun., May 6 <sup>th</sup> ; Wed., May 9 <sup>th</sup>
Final Exercises	Sat., May 19 <sup>th</sup> and Sun., May 20 <sup>th</sup>



# Hereford Fall Events

Move-In	Sat. August 19 <sup>th</sup> – Mon. August 21 <sup>st</sup>
Alpha Dinner	Sat., August 19 <sup>th</sup> (see formal flyer)
Hereford Homecoming	Saturday, August 26 <sup>th</sup> (see formal flyer)
Hereford Convocation	Saturday, August 26 <sup>th</sup>
Hereford's 25 <sup>th</sup> Birthday	TBD
Family Weekend	Fri., November 3 <sup>rd</sup> -Sun., November 5 <sup>th</sup>
Courses end	Tues., December 5 <sup>th</sup>

## FALL Final Exam Study Breaks

Study Break #1 -- Wed., December 6<sup>th</sup>

Study Break #2 -- Sun., December 10<sup>th</sup>

Study Break #3 -- Wed., December 13<sup>th</sup>

## SPRING Final Exam Study Breaks

Study Break #1 – Wed., May 2<sup>nd</sup>

Study Break #2 – Sun., May 6<sup>th</sup>

Study Break #3 – Wed., May 9<sup>th</sup>

For more information about Hereford Residential College,  
visit our website at <https://hereford.virginia.edu>

