Hereford Handbook

2019-2020



Deeply Rooted

Mindfulness | Social Awareness | Sustainability



Welcome to Hereford!

Welcome

Our Home on

the Hill

Dear Resident,

Congratulations and welcome to Hereford! You are now officially a "Herefordian." Be sure to represent on Grounds with your new green swag.

Hereford has the largest outdoor space of any residential college at UVA with stunning views of the Blue Ridge Mountains and combines the very best of living and learning. You will find that Hereford is more than just a place to study, eat, and sleep; it is a community to call home and place to get "deeply rooted."

At Hereford, we are committed to promoting well-being so that you may thrive during your time here at UVA and beyond. Through a rich array of academic, co-curricular, and extra-curricular programming, interactions with faculty fellows, and student selfgovernance, we strive to enhance well-being through three interrelated foci: mindfulness, social awareness, and sustainability.

We hope you are as excited as we are about this year!

This Handbook will provide you with some useful information about the Hereford experience.

Sincerely, The Hereford Administration, affectionately known as The "Perennial Team" (or PT)

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Essential Information

Name	Role	Contact Info
Karen Inkelas	Principal	<u>kki5x@virginia.edu</u>
Caren Freeman	Director of Studies	<u>cwf8q@virginia.edu</u>
Aida Barnes-May	Program Coordinator	amb7hh@virginia.edu
Joseph Glover	Graduate Intern	jg3vap@virginia.edu
Trevor Bailey	HSS Co-Consul	<u>tb5wc@virginia.edu</u>
Winston Liu	HSS Co-Consul	wl4ej@virginia.edu
Isabella Posey	Senior Resident (SR)	irp3ac@virginia.edu

Hereford's Website https://hereford.virginia.edu/ Hereford's Email Address ask.hereford@gmail.com

Hereford's GPS Address

Hereford Residential College 25 Hereford Drive Charlottesville, VA 22904

Your Mailing Address

Your Name Room # A [Residence Hall] Charlottesville, VA 22904

For Example:

Tina Fey 209 A Norris Charlottesville, VA 22904

Hereford History



Hereford Residential College (HRC) was founded in 1992 as the second of UVA's residential colleges. HRC was originally called "The New College" and then re-named in 1993 in honor of former University President and Physics Professor Frank L. Hereford. The College is located atop Observatory Hill, which is part of Thomas Jefferson's original land purchase when he founded the University. Hereford's location, with its scenic views, abundant outdoor space, and access to the Observatory Hill trail system, not only make it unique, but also a vibrant part of the larger University community.

Hereford consists of *Whyburn House*, *Norris House*, and *Vaughan House*. Also on the Hill, are neighboring residence halls: Johnson House, Malone House, and Weedon House (JMW). These residence halls are not part of Hereford, but share the same unique design—notably different from the rest of the University. Together, with Vaughan House, these buildings are a reinterpretation of Jefferson's Academical Village plan with residential areas surrounding the central Lawn. Since its founding, Hereford's location and natural surroundings have played a major role in community activities. For example, the community developed a sustainability initiative wherein students promote green living through the use of re-usable dishware, shower timers, gardening, and composting. In 2007, students and Hereford Fellows founded the Hereford Garden, which now provides a place for community interaction and organic food production.

Over the span of 27 years, six faculty members have served as Principal of the College: Melvin Cherno (Physics, 1992-1996 and 2000), Daniel Bluestone (Architecture, 1996-1999), Louis Bloomfield (Physics, 2001-2007), Nancy Takahashi (Architecture, 2007-2013), Wendy Cohn (Public Health Sciences, 2013-2018), and Karen Inkelas (Education, 2018-present).

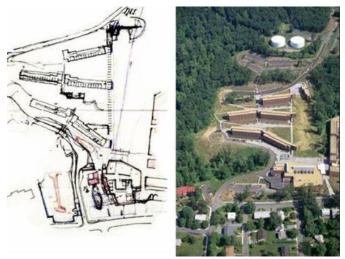


Photo by: Tod Williams and Billie Tsien Architects

While UVA's residential colleges date back to 1986, the concept of the residential college itself is credited to Oxford and Cambridge Universities in England and stretches all the way back to the 1200s. The early American colonies imported the residential college system in its first colleges, including Harvard, William & Mary, and Yale. In these early models, all of the students and faculty were members of one of several residential colleges on their campus, and typical residential colleges included a dining hall, chapel, library, bar, and common rooms. Indeed, J. K. Rowling patterned the Houses of Hogwarts after the residential college model!

As American higher education expanded over the past 300+ years, the residential college model gave way to the more modern conception of the university, much like the ones we see today. However, residential colleges experienced a renaissance in both the early and late 20th century, with many large universities seeking to create smaller, more intimate communities within their student body in order to help everyone find a place where they could belong.

UVA's three residential colleges—Brown, Hereford, and the International Residential College (IRC) share similar structures and resources beginning with their emphasis on student leadership and selfgovernance. To support the student leaders, each college has a team of faculty and staff. The Principal and Director of Studies live on-site at Hereford with their families. The Program Coordinator and Graduate Intern do not live on-site, but have offices situated adjacent to the residence halls.

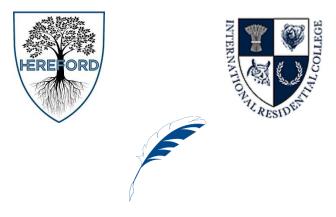
Other Residential Colleges at UVA

Although UVA's residential colleges share similar structures and ideals, they each have their own identity, culture, traditions, and programs that address the needs and interests of their specific community members.

For example: Brown students, known as "Brownies," host an annual haunted house in October known as "The Hauntings" and refer to their community as "quirky" or "artsy."

IRC students celebrate cultural diversity and are known for their annual Conversazione Grande dinners at Alumni Hall and study abroad trip to England.

The three residential colleges also collaborate to host inter-residential college programs and events, such as the Morea Cup and Inter-Residential Ball.



Brown College at Monroe Hill

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Info

Hereford Traditions

As you have probably gathered by now, Mr. Jefferson's University is a place steeped in tradition, and Hereford is no different. Herefordians eat together, study together, and play together. From the day they arrive, Herefordians are warmly invited to be active members of the community by participating in some of the existing traditions mentioned below and/or inventing new ones.

Bloomfield Cup

Named after our third Principal, Lou Bloomfield, the Bloomfield Cup is the annual flag football tournament held between the two Hereford residence halls. Each spring, the current and past halls (Whyburn and Norris, along with Johnson, Malone, and Weedon) compete for the coveted cup on the Hereford Lawn. The winners have the honor of displaying the Bloomfield Cup (a trophy) in their residence hall for the year.

Rotunda Banquet

The Rotunda Banquet is a semi-formal dinner held every fall in the Dome Room of the Rotunda. This event is popular because of its unique location and the fact that it provides students with the opportunity to break-out their evening-wear. This past year, 2018-2019, was Hereford's third Rotunda Banquet after a two-year hiatus due to the Rotunda restoration project. Hereford's new Principal, Karen Inkelas, served as the keynote speaker.



Bloomfield Cup



Rotunda Banquet









Breakfast Club

Every Tuesday morning, starting at 7:30 am, the Student Senate provides a breakfast catered by Panera. Be sure to stop by on the way to class for coffee, bagels, fruit, and orange juice on these days!

Cookie Night

Every Thursday evening, the Hereford Student Senate provides a study break with warm assorted cookies in the Hereford Hub! Cookie flavors include: chocolate chip, snickerdoodle, sugar, oatmeal raisin, peanut butter chip, white chocolate macadamia, and M&M's.

Alpha Banquet + Convocation

Held at the beginning of each school year in the Hereford amphitheater, this ceremony welcomes all new members into the Hereford community. This celebration marks the unofficial start of the new school year and is often anticipated as one of the first official gatherings of the entire Hereford community.

Jefferson Cups & Grad. Stoles

Graduating Hereford residents are gifted with a traditional Jefferson Cup inscribed with the Hereford shield and their name. These cups and stoles are distributed at the Omega Banquet at the end of the year. These gifts are bittersweet as we are so proud of our graduates, but sad to see them leave!

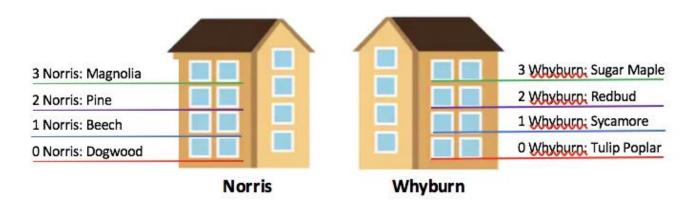
The Groves of Hereford

At Hereford, we like to consider ourselves as more than simply a dorm: We are a community, and as such, we would like to create a Hereford in which everyone feels connected to and responsible for one another. It's hard to do this when we have 200+ community members, but everyone can connect with the 25 or so students living alongside them.

What are the Groves?

That's why this year, Hereford will be inaugurating the concept of "Groves," based on our tree logo and "Deeply Rooted" motto. Each floor of Norris and Whyburn constitutes a Grove, and each grove is named after a tree that is native to this geographical region.

Each Grove is a micro-community within Hereford; we would like residents within each Grove to look out for one another, include each other in social outings, and generally be caring and friendly neighbors. Below is the list of the Groves of Hereford for 2019-2020:



Each Grove has one RA, but will also have one Captain. The Captain facilitates the Groves' community building, and will encourage Grove participation and engagement as well as serve as the respective Grove's community spokesperson. Further, each Grove will have its own Faculty Fellow, so that all Herefordians have the opportunity to get to know a Fellow on a more personal level.

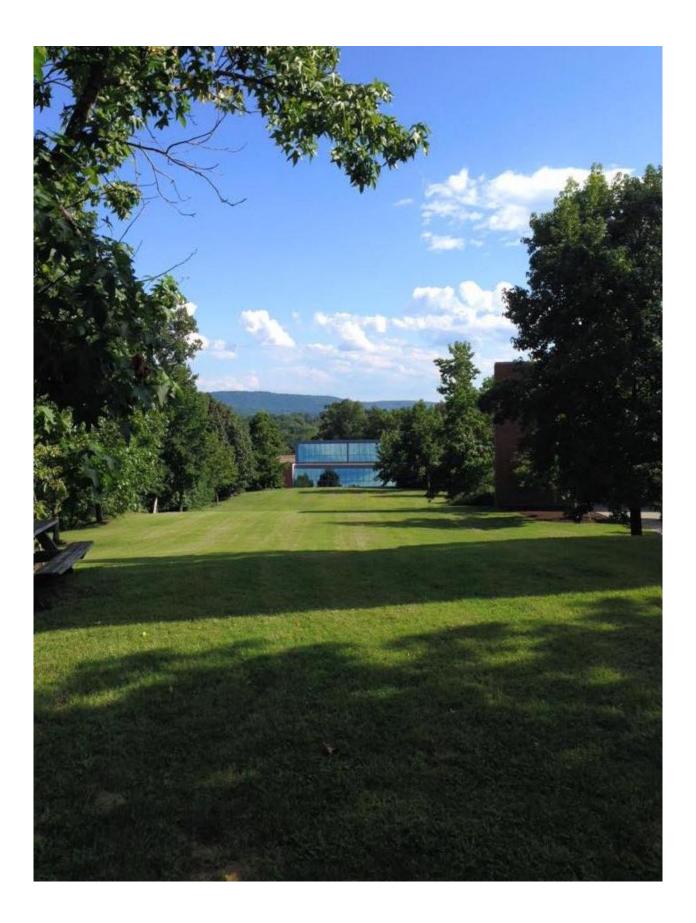
How the Groves Enhance an Already Amazing Community

One of Hereford's greatest strengths is its diversity. Among our 200 students are 2/3 students of color, students from 20 different countries, and students majoring in over 50 different subjects. Hereford is almost equally represented among first, second, third, and fourth year students. We also have 15 Fellows from a variety of different academic backgrounds, professional experiences, and personal interests. Together, we are one of the most diverse living environments at UVA, and have so much we can learn from each other!

Thus, although we hope the Groves will thrive within Hereford, they will not supersede our core tenets as a residential college. We hope and expect that diverse friendships crisscross and thrive inside and outside and between the Groves. We also respect one another's privacies and preferences. However, we also strive to create a community where everyone feels that there is a place where they belong, where they matter. And, healthy and prospering Groves will foster an overall sense of wellbeing that spreads across all of Hereford.

Questions?

The Groves concept is a work in progress for the 2019-2020 academic year. If you have any questions or suggestions on how to improve the concept, please contact Karen Inkelas, Principal of Hereford College: <u>karen.inkelas@virginia.edu</u>





People

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Hereford Student Senate

WHAT?

HSS determines major programs and events and also represents Hereford students to the "Perennial Team" (Hereford Administration). As your leaders, HSS answers to YOU and is responsible for meeting the needs of *all* Herefordians.

WHO?

An elected group of your student colleagues including first, second, third, and fourth years. Members of HSS represent many majors, schools, and residence hall floors.

WHY?

Nearly all aspects of Hereford are student-initiated and student-run. HSS is the primary way in which you can contribute to the Hereford community.

WHEN?

HSS meets once a week and *all Herefordians are encouraged to attend these meetings.* The Hereford Student Senate (HSS) is the primary student leadership body at Hereford. This organization is responsible for meeting the needs of Hereford residents through programming, events, and other initiatives. To accomplish this, HSS wields an annual budget of over \$20,000 made up of your student activities fees. These funds are used to meet the needs of the community, broadly defined. Pre-game BBQs, banquets, breakfast clubs, and cookie nights are just some of the events that the HSS budget makes possible.

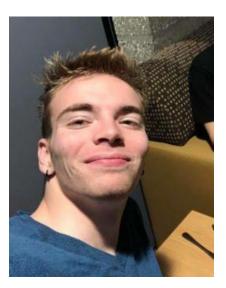
The Senate is composed of a diverse group of residents from all four years and is led by a dynamic Executive Board consisting of two Consuls, a Secretary, Treasurer, Recruitment & Retainment Chair, Communications Chair, and Fellows Chair. HSS convenes each week to discuss ongoing issues and program requests in meetings that are open to the entire Hereford community. The Senate works closely with other groups at Hereford, including the RAs, and allocates the annual budget to these groups and other student-initiated programs/events. All students are encouraged to get involved with HSS, either by serving as a senator or by sharing ideas/concerns.



2019-2020

Hereford Student Senate (HSS) Exec. Board

The Co-Consuls oversee the organization and implementation of all HSS programs, lead weekly meetings, represent HSS at weekly meetings with the Administration, represent Hereford at meetings with other residential colleges, etc.



Trevor Bailey

My name is Trevor Bailey. I'm a third year from Chesapeake, VA—but originally Chicago. I've raised chickens (as pets) for the last five years, so I'm a weird mashup of city and country. I'm majoring in English and German with a Philosophy minor. I'm planning on law school after undergrad, but we'll see. I absolutely adore Hereford, and I'm thrilled at the opportunity to make it even better.

Email: <u>tb5wc@virginia.edu</u> Year: 3rd Major: German and English Double Major



Winston Liu, Co-Consul

Hi there! I'm Winston, and I'm a fourth year engineer majoring in Computer Science and minoring in Spanish. I love volunteering, helping others, and the great outdoors. In my free time I enjoy hiking, reading, piano, video and board games, making new friends, and all things Hereford! I can't wait to get to know everyone - please don't hesitate to reach out to me if you need anything!

Email: wl4ej@virginia.edu Year: 4th Major: Computer Science Minor: Spanish

13People

The Secretary announces meetings, sends reminders, tracks program request and post-event evaluations, and takes detailed notes before sending them out to the Senate after meetings



Channing Williams

Hello, my name is Channing and I'm a second year. I hope to major in Global Public Health and German, and plan to pursue a career in medicine. In my free time, I practice and teach martial arts and play PC video games. I'm happy to help anyone who has any questions about Hereford or UVA!

Email: <u>cew2th@virginia.edu</u> Year: 2nd Major: Global Public Health and German

The Treasurer manages the over \$20k budget made up of your student activities fees and meets regularly with the Program Coordinator to accomplish this task



Eric Yu

Hi, my name is Eric Yu and I am from Manhasset, New York. I am the Treasurer for Hereford Student Senate this year. I like playing sports and hanging out in my free time. Learning to cook better is another thing I do.

Email: xy3jh@virginia.edu Year: 3rd Maior: Computer Science

The Recruitment and Retainment Chair supports the Groves, Saplings Program, and

recruitment events, like Days on the Lawn



Kaidi Zhang

I'm Kaidi Zhang, a rising 3rd year. I major in Statistics and Commerce. I've spent my first two years in Hereford. It's a great place to live, and I wish to try my best to make this place better.

Email: <u>kz6xc@virginia.edu</u> Year: 3rd Major: Statistics and Commerce

People

The Communications Chair designs informational materials, like the Hereford Happenings and flyers, supports outreach efforts, and helps update content on Hereford's social media accounts



Angela Yi

Hi everyone! I am Angela, the Communications chair for HSS, and a fourth year majoring in Systems Engineering. I love traveling, exploring, and running. Believe it or not, I run half marathons! In my free time, I enjoy watching movies, doing arts and crafts, and making videos.

Email: <u>ay2ug@virginia.edu</u> Year: 4th Major: Systems and Information Engineering

The Fellows Chair works closely with the Administration's Director of Studies to engage Fellows in Hereford programs and events

TBD Bio Email:

Year: Major:

Student Senate Committees

Committee Name	Committee Chair	Email
Banquet Committee	TBD	More info. coming soon
Mindfulness Committee	TBD	More info. coming soon
Needs, Advocacy, and Physical Space (NAPS)	Brandon Williams	<u>byw3xy@virginia.edu</u>
Social Committee	Anna Gan	<u>yg9wss@virginia.edu</u>
Social Awareness Committee	Tyler Lolicht and Victoria Hume	<u>tl5rh@virginia.edu</u> and <u>voh2as@virginia.edu</u> , respectively
Sustainability Committee	Dan Vo and Ethan Honeycutt	dnv4cw@virginia.edu and egh9me@virginia.edu, respectively

WHAT DOES THE HEREFORD STUDENT SENATE DO?

- Makes the Hereford community a fun place to live with social events, including banquets, pre-game BBQs, s'mores nights, and more!
- Organizes special interest programs such as yoga classes, group hiking trips, and excursions to the Escape Room in C'ville, museums in Washington D.C., and other regional attractions!
- Invites special guests and/or speakers to Hereford
- Funds student-initiated projects or endeavors (just submit a program request for HSS approval!)

Resident Advisors

Resident Advisors (RAs) are staff members of UVA's Office of Housing and Residence Life who contribute to the safety and well-being of the Hereford community. Each RA is responsible for one or two floors of residents and undergoes comprehensive training to prepare for their year-long position. Through informal activities, formal programs, and peer advising, Hereford's RAs support the physical, mental, emotional, and academic well-being of their residents. Herefordians can approach their RAs for friendship, advice, resources, concerns, and more!

Isabella Posey, Senior Resident



Hi everyone! My name is Isabella, but most people call me Bella or Izzy. I am a third year studying biomedical engineering in the Engineering School, and I am also on the premed track. I am from Woodbridge, Virginia (NoVa), and this is going to be my second year living in Hereford! In my free time, I love exploring the Charlottesville area, going to the Corner, or staying in and binge watching random TV series. I am extremely excited to be a SR this year, and I am looking forward to meeting all of you!

Email: <u>irp3ac@virginia.edu</u> Year: 3rd Major: Biomedical Engineering

Audrey Hansrisuk



Hi! I'm Audrey and I'm currently a second year studying Chemistry and Economics. I was born and raised in Las Vegas, Nevada. My interests include music, exploring/travelling, dancing, and volleyball. Please feel free to drop by anytime to say hello or to hang out/chat! I look forward to getting to know you all!

Email: <u>aih2gf@virginia.edu</u> Year: 2nd Major: Chemistry and Economics



Hello hello! My name is Austin, and I'm a fourth year in the E-School studying Computer Science with an Engineering Business minor. I grew up in the town of Swanton, Vermont and studied abroad in Auckland, New Zealand my 2nd year. My hobbies include hiking, talking about computer science, and playing basically any sport I can, though I particularly love basketball and throwing the football on the Hereford lawn. My door on third floor Whyburn is always open when I'm there and I encourage you to stop by anytime!

Email: <u>acs3ss@virginia.edu</u> Year: 4th Major: Computer Science

Austin Sullivan

Moronkeji (Keji) Fapohunda



Hi! My name is Moronkeji (Keji) Fapohunda, and I am the RA of 3rd Floor Norris (aka the best Floor). I come from a military family, so I've been a lot of places: Virginia, Maryland, Germany, and now Texas. I love anime and reading, writing on rainy days, and Chipotle (my first love). Please feel free to catch me if you see me walking home and say "hi!"

Email: <u>mf5cf@Virginia.edu</u> Year: 3rd Major: Biology

Shreejan Gupta



My name is Shreejan Gupta and I am from Fairfax, VA (originally from Kathmandu, Nepal). I am currently pursuing a major in Computer engineering along with the Engineering Business minor. Being involved in my community and giving back is very huge for me, thus I took the initiative to become a teaching assistant as well as a resident advisor to help my fellow schoolmates. Outside of academics, I like watching football and playing video games with my friends.

Email: <u>sg3gj@virginia.edu</u> Year: 3rd Major: Computer Engineering

Sitaram (Ram) Vuppaladadiyam



Hi! My name is Sitaram Vuppaladadiyam, but you can call me Ram, or some derivative from that. Some prefer Mr. Voops, but do what you like. I'm from Lakewood, Colorado, and I'll be a fourth year studying Finance in the McIntire School of Commerce and Computer Science in the College of Arts and Sciences, along with a minor in Spanish. I'm super into tennis, tossing a football (or baseball or frisbee) around, developing fun apps, and chillin' outside. Feel free to reach out about anything! Ask me, and I'll show you some of my cool yo-yo tricks!

Email: <u>sv3hf@virginia.edu</u> Year: 4th Major: Finance

Valencia Lagbo



Hi Hereford! My name is Valencia, and I am a second year. I am currently undeclared for my major, but I want to double major in Politics and Global Sustainability and Environments. I enjoy watching TedTalks, eating candy, and hanging out with my friends. I love meeting and talking with new people, so swing by throughout the year so I can get to know you better!

Email: <u>vjl3xz@virginia.edu</u> Year: 2nd Major: Undeclared

Faculty Principal

Karen Inkelas

The Faculty Principal is the head of Hereford Residential College. The Principal lives with her family in Vaughan House, adjacent to the HRC houses Norris and Whyburn. She provides leadership and guidance in all aspects of Hereford life. She acts as the administrative head of the college, serving as liaison to University administrators and other departments. She is also a resource for academic or other issues that may arise for students throughout the year.



Karen was appointed as the sixth Principal of Hereford Residential College in August 2018. She is also an Associate Professor in the Higher Education Program in the Curry School of Education. Karen earned a B.A. and M.S.Ed. from Northwestern University, and her Ph.D. from the University of Michigan.

Karen has had a longstanding interest in studying how college environments affect undergraduate students, and she is best known for her research on living-learning communities. She is the founding Principal Investigator of the National Study of Living-Learning Programs, and lead author of the book, *Living-Learning Programs that Work: A Research-Based Model for Design, Delivery, and Assessment.* Her work has been funded by

The National Science Foundation, the Teagle Foundation, the Alcoa Foundation, the International Baccalaureate Organization, and the Jefferson Trust. She has been invited to speak as part of a World Bank-funded workshop with Cambodian higher education, a proceeding with the Japanese Ministry of Education, and keynotes at international conferences at the National University of Singapore and Sungkyunkwan University in Seoul, South Korea. Karen also consults with national architectural firms regarding building designs that facilitate living and learning, and she often speaks on best practices in living-learning communities and residential colleges.

Outside of work, Karen is proud of her Chicago hometown roots, especially her lifelong loyalty to her beloved Chicago Cubs. She also loves to travel, cook, and watch movies with her husband, Dan, their daughter, Sonya, and their dog, Hamachi, and two cats, Rascal and Serena.

How to reach Karen

Send her an email at <u>kki5x@virginia.edu</u> To read a message from Karen and learn more about her background visit: <u>https://hereford.virginia.edu/community/</u> 20

Principal's Family

Dan Inkelas and Sonya Inkelas



Dan Inkelas is an attorney with the U.S. Army Corps of Engineers in Washington, D.C., where he works on litigation involving the Corps' civil works and regulatory programs and specializes in administrative and environmental law, water rights, and water supply. In a prior career, he earned a Ph.D in modern German history from Northwestern University and taught courses on a range of topics including European, American, and environmental history, and the history of the Holocaust. When not commuting to and from Washington, he enjoys hiking and skiing, listening to and occasionally playing classical music, and observing wildlife, especially amphibians.



Sonya Inkelas is entering 8th grade at the Peabody School in Charlottesville. She enjoys living in the Hereford community and taking advantage of the hiking trails on Observatory Hill, the ice cream machines in Runk, and unoccupied hammocks. She is often seen walking her dog Hamachi around Grounds, and in her spare time takes cello and horseback riding lessons.

Director of Studies

Caren Freeman

The Director Studies fosters interactions and organizes programs that elevate the intellectual life of the College. Living alongside students in neighboring Malone House helps the DOS devise curricular and co-curricular explorations that dovetail with students' interests.



Caren Freeman is a cultural anthropologist, an advisor to international students, and the Director of Studies at Hereford Residential College. Caren's diverse roles at the University converge around one vital question: how can we leverage the myriad, and often hidden, forms of diversity in our midst to foster meaningful and sustained forms of interaction across difference? With her disciplinary grounding in anthropology and a tenacious belief in the transformative potential of cross-cultural engagement, Caren strives to use the platform of Director of Studies to pioneer new programs and curricula that encourage students to explore the diversity and interconnectedness of their worlds.

Caren earned a B.A. in East Asian Studies from the University of Pennsylvania and a PhD in Cultural Anthropology from the University of Virginia. Her teaching at UVA includes anthropology courses with titles such as Transnational East Asia, Gender, Sexuality and Nation in Contemporary South Korea, and Modern Korea a Decade a Day. Currently, Caren teaches a three-credit Global Studies course with an embedded spring break trip to Shanghai and Suzhou, created especially for Hereford students.

Caren's ethnographic endeavors have taken her up and down the southern half of the Korean peninsula and to villages and cities in northeastern China. Previous research culminated in a book entitled *Making and Faking Kinship: Gender and Labor Migration between China and South Korea*. Caren's current project involves making sense of the skyrocketing divorce rate in South Korea. When she is not advising, contemplating other worlds, or brainstorming new ways to enliven the intellectual life of Hereford College, Caren can be found meandering the trails on O'Hill with her foxhound, Clementine, or watching her kids, Benhui and Sohie, play the beautiful game.

How to reach Caren

Send her an email at: cwf8q@virginia.edu OR

Join her for weekly Dumplings with Huoban in the Hub and look out for invitations to watch Korean and Chinese dramas in her Malone living room!

Program Coordinator Aida Barnes-May

The Program Coordinator supports academic, social, leadership, and recreational programs at Hereford. She acts as the liaison between students, Fellows, and the Perennial Team.

Aida Barnes-May is a Double Hoo, receiving B.A. and M.A. degrees in Government with a specialization in Political Theory from the University of Virginia in 2013 and 2016, respectively. She is well acquainted with the world of residential colleges, having lived in Brown College on Monroe Hill all four of her undergraduate years. The daughter of two ministers, she has lived all over the United States, though her family has been based in El Centro, California, a desert town just north of the Mexican border, since 2002. She has also spent time abroad, living for a year as a child in San José, Costa Rica and studying for a semester at the Institut d'Études Politiques (Sciences Po) in Lille, France. She is of Puerto Rican descent, and is proud to be part of the Latinx community at UVA.



Prior to joining Hereford, Aida's student affairs experience included a graduate assistantship with the Office of the Dean of Students' Multicultural Student Services, where she worked with students of various minoritized identities, including the LGBTQ community. For just over two years, she was an Administrative Coordinator for the College and Graduate School of Arts and Sciences, working with interdisciplinary programs. She is excited to serve Hereford Residential College as Program Coordinator.

In her leisure time, Aida enjoys curling up in a chair with a cup of tea and a good book; she is an avid *Harry Potter* fan and a devoted enthusiast of the works of Jane Austen. She and her husband, Isaac, have subscriptions to far too many streaming services, on which they like to watch science fiction movies and television shows of all kinds. They are active in their Quaker Meeting, Charlottesville Friends, where they both serve on the Peace and Social Concerns Committee.

How to reach Aida

Send her an email at: amb7hh@virginia.edu OR stop by her office in the Hereford Hub for a chat!

Graduate Intern

Joseph Glover

The Graduate Intern supports the academic, co-curricular, and extra-curricular programs at Hereford. S/he acts as a liaison between students, Fellows, and the "Perennial Team" (also known as the Hereford Administration).

Greetings, all! My name is Joseph Glover (please call me Joey). I use the pronouns: he/him/his.

I am a native of Cleveland, Ohio and a proud alum of Norfolk State University where I studied Music Education. There at Norfolk State University, I was involved in nearly everything! I served as the Student Conductor of the NSU Concert Choir, was an active member of the Student Government Association, and spent three years in Housing and Residence Life as a Resident Advisor. I also had the opportunity to join several organizations on campus such as a Golden Key International Honour Society, Phi Mu Alpha Sinfonia, and operate as the president of an LGBTQIA support and activism group. I am passionate about the arts and having a hand in the transformational development of people. In my spare time, I enjoy going to the museum, emerging myself into tunes of Nina Simone and Debussy, composing and arranging music, and Netflix and Instagram.



Currently, I am a grad student studying Student Affairs Practice in Higher Education here at UVA! My dream is to transform spaces in higher education, work with students, provide inspiration, and live a life where the possibility of my impact will make a difference. I look forward to an amazing and impactful year!

How to reach Joseph

Send him an email at: jg3vap@virginia.edu OR Say 'hi' in the Hereford Hub!



People







One perk of living at Hereford is the long list of faculty and staff fellows associated with the College. Fellows are members of the University or Charlottesville community who participate directly in our community. This gives students a chance to get to know professors, administrators, and others in a smaller, more relaxed setting.

Fellows serve as an academic resource to students—many teach interesting 1-credit short courses for Hereford students, serve as Grove Fellows, or lead workshops. Fellows also contribute to Hereford in other ways, from sharing stories with students over dinner, to leading field trips to interesting sites around Charlottesville, or grilling hamburgers & carving pumpkins at the annual Hillfest. Where else do you have the chance to grill hamburgers with your professors?

How do I meet Fellows?

- Take a short course in their field of study
- Chat about your day while eating dinner in Runk
- Talk at Hereford-wide events, like banquets
- Remember: fellows are people, too! Chances are they are asking the question "How can I meet more students?"

Fellows Directory

Name	Position	Email
Albertson-Wren, Robin	Contemplative Practice Instructor, Contemplative Sciences Center	jra3d@virginia.edu_
Alexander, John	Associate Director of SHANTI	john@virginia.edu
Alvarado, Rafael	Program Director, Data Science Institute	<u>rca2t@virginia.edu</u>
Ambrose, Katy	Lecturer, McIntire Department of Music	katy.ambrose@gmail.com
Antholis, Bill	Director and CEO of the Miller Center	wja8yh@virginia.edu_
Baritaud, Catherine	Lecturer & Director of Language for Engineering Education Program, School of Engineering	<u>cdb5w@virginia.edu</u>
Cohn, Wendy	Associate Professor of Biomedical Informatics, Public Health Sciences	wfc2r@virginia.edu
Dillingham, Rebecca	Director of UVA's Center for Global Health	<u>Rd8v@virginia.edu</u>
Freedman, Paul	Associate Professor of Politics	freedman@virginia.edu
Inkelas, Daniel	Attorney, U.S. Army Corps of Engineers	daniel.inkelas@gmail.com
Jaffe, Cale	Assistant Professor of Law	cjaffe@virginia.edu
Laushway, Aaron	Associate Dean of Students	fal4x@irginia.edu
Macko, Stephen	Professor of Environmental Sciences	<u>sam8f@virginia.edu</u>
Mason, Michael	Assistant Dean, Office of African American Affairs	<u>mgm7g@virginia.edu</u>
Morris, David	Professor of Medicine	djm7k@virginia.edu
Morris, Diana	Lecturer, School of Engineering	<u>dmd8a@virginia.edu</u>
Petri, Bill	Professor of Medicine	wap3g@virginia.edu
Redwine, Michael	Coordinator of Instructional Technologies, School of Engineering	mr7va@virginia.edu
Shutt, Lisa	Director of Undergraduate Studies, Woodson Institute for African-American and African Studies	<u>lisashutt@virginia.edu</u>
Shuve, Karl	Professor of Religious Studies	<u>kes3ba@virginia.edu</u>
Takahashi, Nancy	Professor of Landscape Architecture, School of Architecture	<u>nat8f@virginia.edu</u>
Tanson, Richard	Sr. International Student & Scholar Advisor (ISO)	<u>tanson@virginia.edu</u>

2018-2019 Photo Highlights



Morea Cup Victory!



Camping & Qi-Gong on the Hereford Lawn



1st Inter-Residential College Ball



Selfie with UVA President, Jim Ryan



Retreat at Morven Farms



Study Abroad Trip to China

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Dear Earth, Thanks-for-Giving Potluck



Lunar New Year Banquet



Sunrise Humpback Rocks Hike



5k Marathon with President Ryan



Movie on the Hill



Rotunda Banquet

Alpha Banquet

Omega Banquet

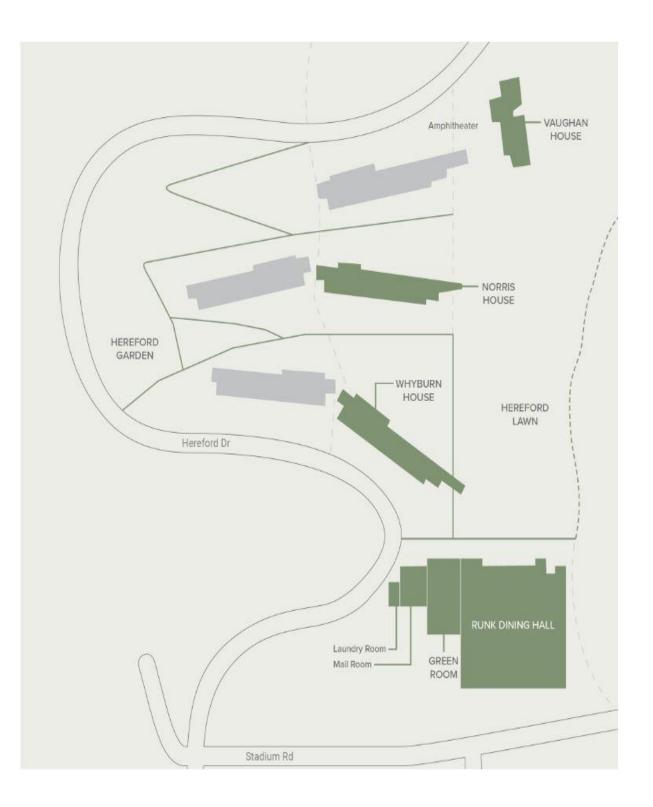


Living at Hereford

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The buildings in green are "officially" part of Hereford Residential College:



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Living

Hereford Spaces

There are several common spaces that make up Hereford Residential College, where Herefordians often attend events, study, or hang-out. Here is a quick rundown of the spaces you should know about!

The Hereford Hub

One of the main perks of living in Hereford is having access to our exclusive common-space: *the Hereford Hub*. The Hub is located in Lower Vaughan House, the lower story of the brick building located at the top of the Hereford Hill (the upper story of the building is Vaughan House, the Faculty Principal's residence). You must use your student ID card to enter this space. The Hub is Hereford's main common area where students meet to hang- out, hold meetings, study, etc. The space is equipped with comfortable couches as well as a bigscreen TV for movie nights. The space has a study room (see



Hub TV Lounge

image below), a private classroom/conference room for group study sessions or small group meetings, and a meditation room. Since we know you are up at all hours of the day and night, the Hub is always stocked with coffee, tea and snacks and also has a refrigerator! This year, we have a brand new kitchen with more storage space, a deeper sink, and a dishwasher! Plans for other renovations are underway.



Hub Study Room

- Grab some coffee, tea, or snacks
- Hang out with your friends to watch a movie or just lounge in the comfy chairs and couches
- Borrow a book or game
- Schedule a weekly screening of your favorite TV show
- Hold a meeting for a group project
- Visit the Program Coordinator or Grad Intern
- Find out what's going on around Hereford through the message board or flyers on the wall
- Attend a Breakfast Club or Cookie Night
- Drop into weekly workshops or events
- Attend weekly Dumplings with Huoban
- Check-out the publications of Hereford Fellows and distinguished guests

Vaughan House (Upper Vaughan)

Above Lower Vaughan you will find Vaughan House (aka Upper Vaughan), the residence of our Faculty Principal and her family. Although this is their private home (and therefore not open to us *all* the time), the Principal often holds smaller events, such as the Principal's Welcome, Vaughan Dinners, and Festival of the Book Dinners in this space.

Runk Green Room

Next to the Runk Mail Room is the Green Room—a large meeting space where Hereford holds many events, like banquets. The room is set with equipment for movies, karaoke, and TV on a big screen projector.

Hereford Garden

The garden is a completely student-organized and operated space. Headed by Hereford's Master Gardener, matt Grason, and Garden Leader, Ethan Honeycutt, the garden is a place where many Herefordians volunteer their time planning, planting, harvesting, and eating the produce.

Hereford Lawn & Amphitheater

Since Hereford is located in such beautiful surroundings, many of our students spend a great deal of time outside, enjoying the scenery. The Hereford Lawn is the large grassy hill located next to the residence halls. At the top of the hill is the amphitheater. You will often find students playing soccer, frisbee, or other sports on the Lawn as well as studying or reading in the chairs or hammocks. We also hold several events in this space throughout the year, such as the Alpha Banquet and Convocation (beginning of the year) and Omega Banquet (end of the year).

Observatory Hill Trails

Hereford is located atop Observatory Hill (named for its proximity to UVA's McCormick Observatory on Mt. Jefferson), where you can find over seven miles of wooded hiking, biking, and running trails. HSS hosts periodic group hikes and walking tours of these historic grounds.



Vaughan House & Amphitheater





Hereford Garden

O'Hill Trails

Logistics

Runk Dining Hall

Hereford is home to one of the best dining halls on Grounds at the base of our hill: Runk. You can find Herefordians, members of the Perennial Team (Hereford Administration), Fellows, and other members of the UVA community sharing meals in this space. Starting this year, Hereford will have a reserved space within the dining hall for our community!

Mailroom

We are lucky to have a mailroom as part of the Hereford complex located to the right-hand side of Runk (next to the laundry facilities). You can pick up your mail and any packages here. Package pick-up is *usually* available from 2-6pm Monday through Friday.

Laundry

Hereford's laundry facilities are located next to the Mailroom (to the far-right hand side of Runk). In this space, you must use CavAdvantage as your payment method.

Parking

Permitted parking is available for upper-class students in the S9 spots at the top and bottom of the Hereford Hill. Please contact the Parking and Transportation office for more information.



Green Room, Mailroom, & Laundry Room (right of Runk Dining Hall)

Location, Location, Location!

One of the best parts of living at Hereford is its beautiful location atop Observatory Hill and the green landscape available to students. At Hereford, students have access to hammocks, picnic tables, and the Lawn for studying, lounging, or playing. We provide sports equipment and other fun outdoor activities. We often host s'mores nights down at the Gooch-Dillard fire pit or BBQ on the grills behind Whyburn. During the winter, we even head outside in the winter to sled down the hill or have a community-wide snowball fight!

If you want to explore the Charlottesville community, you can just hop on a UTS or CAT bus for easy access to Central Grounds, Downtown, or Barracks Road Shopping Center (see below for details):

Free Trolley Bus Stops

Downtown Cville, the Corner, and Central Grounds

UVA Northline Bus Stops

Hereford, O-Hill, Central Grounds, Alderman Library, UVA Chapel, and Barracks Road Shopping Center

Our Neighborhood

Fry's Spring

Hereford is only a short 5-minute walk from the Fry's Spring area of Charlottesville with a number of affordable restaurants for those days when you need abreak from the dining hall.

1 Wayside Take-Out & Catering

Wayside has been a Charlottesville favorite for over 50 years due to its legendary fried chicken and sides!

2 Wayside FastMart

A quick and easy way to get what you need when you don't have a ride or don't feel like taking the bus to Barracks Road!

2 Durty Nelly's Pub & Deli

One of the closest things to a traditional "pub" in Charlottesville, with regular music, a fireplace, and an adjacent deli!

3 Atlas Coffee

A neighborhood espresso bar where you can find your favorite drinks, fresh-baked pastries, and other treats!

3 Guadalajara Mexican Restaurant

Guadalajara has been open since 1988 and offers great-tasting Mexican cuisine!

4 Druknya House

A newly opened Tibetan restaurant that is known for its wide variety of vegetarian options!

5 Endeavor Cycles

Own a bike? You'll definitely want to check out one of Charlottesville's newest bike shops, with bikes, apparel and accessories!

6 Silk Thai Restaurant

A newly opened Thai restaurant in a re-purposed house that is known for its cool antique decorations and knick-knacks, as well as for its tasty cuisine!

7 Fry's Spring Station

A well-known and beloved neighborhood restaurant, formerly a Service Station, which serves lunch, dinner, and Sunday brunch!

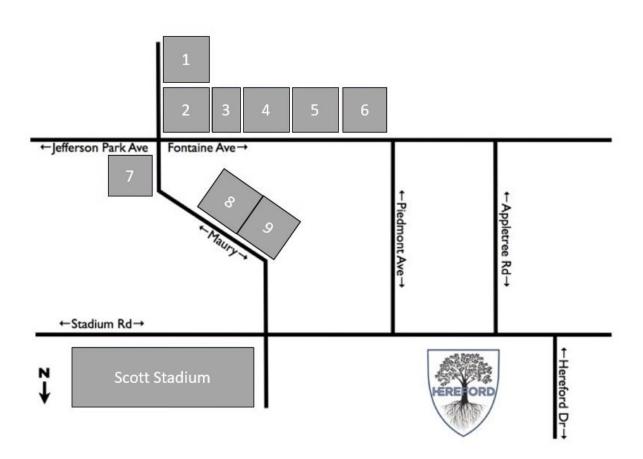
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8 Anna's Pizza

Another community favorite, Anna's is the go-to place for Italian cuisine and pizza!

9 Yuan Ho Carryout

Craving Chinese food? You'll definitely want to check out Yuan Ho, which can be delivered right to Hereford!





Learning at Hereford

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- 38 Study Abroad in China
- 40 Other Offerings

Short Courses

Each semester Hereford Fellows offer a series of 1-credit short courses unique topics that you won't find in your major's department. These classes are small (usually limited to 10-12 students), meet at Hereford, are often scheduled in the evenings, and last for only a portion of the semester (approx. 7 weeks). Short courses are a chance for students to explore a topic of interest beyond their field of study and get to know a faculty Fellow in a smaller environment.

INST 2550

Garden Party

Matt Grason

Day and Time TBD in the Hereford Garden or the Hereford Hub (Lower Vaughan)

Roll-up your sleeves and get ready to work in Hereford's Heritage Garden! This course will introduce students to the major concepts used in growing herbs, flowers, and vegetables organically in a small and cooperative garden context. You will work with fellow students to manage and grow crops to harvest for yourselves and Hereford residents. Concepts covered in the class will include garden planning, seed starting, soil media and amendments, garden and soil preparation, seedlingtransplanting, mulching, watering and irrigation, season extension, attracting pollinators, managing pests and weeds, cover cropping, composting, and seed saving.

INST 2550

Self-Defense

Michael Redwine

Mondays 8:00-8:50 AM and Fridays 3:00-3:50 PM in the Runk Green Room

Students will learn to defend themselves, and others, from bodily harm against hostile actions. They will learn the use of reasonable force, avoiding injury, and how to quickly overcome their assailant(s). The course incorporates specialized training methods used to challenge students both physically and mentally. This style of training strengthens the spirit and develops the ability to deal with confrontations under stressful conditions. Most importantly, students will gain the knowledge, and mindset, needed to avoid being victimized; the fight you always win is the one you were never in.

INST 2550

The Good Place

Karl Shuve

Thursdays 7:00-8:45 PM in the Hereford Hub (Lower Vaughan)

We will work our way through "The Good Place"—a sitcom about a woman who, having just died, finds herself in "the good place," only to discover that she is there due to a case of mistaken identity and that she really belongs in "the bad place." By watching episodes and reading supplemental texts, we will examine a number of concepts in both Religious Studies and Philosophy, such as the afterlife, moral agency, friendship, love, and justice.

Study Abroad in China

GSGS 3676 Global Engagement at Home & Abroad

Hereford Goes to China Over Spring Break!

Chinese and non-Chinese students who live side by side at Hereford Residential College are invited to explore their diverse yet interconnected aspirations to become "global" through a series of focused discussions on Grounds, culminating in a week-long excursion to Shanghai over spring break. Starting in the 1950s and marching decade by decade through to the twenty-first century, the course aims to convey a comparative sense of the zeitgeist that prevailed in the US and China at key historical junctures. In Shanghai, students will be encouraged to apply the multiple registers of knowledge they cultivated over the semester—the panoramic lens of history, the zoom lens of anthropology, and the combined "native" and "non-native" perspectives within our group—to arrive at a complex understanding of Shanghai's emergence as a "global city." Upon return students will reassess the meaning of their own global aspirations and how they are embedded in national, regional and local imaginings.



About the location: Shanghai and Suzhou

Shanghai provides an ideal location for exploring the notion of China as a site of cross-cutting local, national and global processes. Students will spend time walking the city, meeting local experts, interacting with residential college students at East China Normal University and Suzhou University, and experiencing quotidian pleasures. A day trip to Suzhou will be planned where students can observe the city's world renowned gardens in jarring juxtaposition to the forces of "development zone fever" that are rapidly engulfing the region.

Student Testimonial

This was one of the most meaningful experiences that I have had while in college. Not only did I get to experience another country, but I also had the opportunity to see what I studied come to life. It was so wonderful to be able to meet the people who wrote the books and articles we read in class, and to hear their stories come to life. Visualizing the spaces and observing the culture and behaviors allowed me to better contextualize our discussions as well. EVERYBODY should take this course. I felt as prepared as I could be to take advantage of everything I witnessed in this experience. As with any travel abroad, you can't be completely prepared ever, and that explorative element is what makes it so exciting! However, the readings in the course and our discussions had us very well prepared!

-Anonymous, 2019 participant

Course Objectives

By the end of the course, students will:

- Become familiar with key symbols, social movements and identities that have shaped the lives of people living in the US and China from the mid-twentieth century to the present.
- Acquire theoretical concepts to describe the changing global context within which China and the US are differentially embedded. As a culminating example, students will observe firsthand Shanghai's ambitions to become a global city amid contemporary transnational flows of capital and people.
- Cultivate an "anthropological sensibility" that contrasts with the more pervasive "global sensibility" in its use and understanding of the concept of culture. Rather than treating culture as synonymous with nationality or ethnicity, students will gain an anthropological understanding of culture with its emphasis on everyday life within intersecting fields of power and meaning.
- Come to understand how their particular national location(s) shape their views of the world. At the same time, through cross-cultural interaction and travel, the course aims to lift students out of their national imaginings and propel them toward broader understandings of themselves and one another.

For more information visit:

https://apps.educationabroad.virginia.edu/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=11098

Other Offerings...

Food with Fellows Dinners

These dinners give students the opportunity to get to know Hereford Fellows over a casual, tasty dinner. Dinners are held in the Hereford Hub and there is no agenda—students are free to ask Fellows questions and get to know them on a more personal level. This past year, Fellow Karl Shuve and his family joined us for a dinner, screening of *The Good Place*, and discussion.

Vaughan Dinners

Several times throughout the year, the Hereford Principal hosts small, informal dinners at her home to which she invites prominent speakers, professors, leaders, or other people of interest. Students can sign-up to attend these dinners and have a chance to meet and talk with notable guests from within the University and larger community. Past guests have included Bill Antholis, Director and CEO at the Miller Center, David Grinspoon, Sr. Scientist at the Planetary Science Institute and author of *Earth in Human Hands*, and Casey Kerrigan, founder of OESH Shoes. Students are notified of these events in advance and can sign-up, spaces are limited and go fast so check your email!

Dumplings with Huoban

Our Director of Studies and anthropologist, Caren Freeman, holds weekly (or bi-weekly) gatherings called "Dumplings with Huoban" in the Hereford Hub. All are welcome to attend these gatherings. The purpose of this group is to promote conversation on topics relevant to Chinese society and conducive to cross-cultural reflection. The spring 2019 theme was "Crazy Rich Asian Food and Culture" with topics that included: cultural appropriation, mokbang culture, and K-pop and Canto-Pop. No matter what the group talks about, they always eat their fill of Asian cuisine and learn a few new words in Chinese!

Workshops & Field Trips

Hereford is dedicated to matching the needs and interests of all its residents and developing different programs on an annual and bi-annual basis. This past year, we developed a "So you wanna…" workshop series that invited Fellows from various disciplines to share their expertise and answer questions in a relaxed setting. Field trips included: a trip to the Charlottesville Symphony to watch *Pines of Rome*, Alamo Drafthouse to watch the anime films of Hayao Miyazaki, and the local Immersion Escape Room. Again, these events are largely informed by student interest. Look out for the fall 2019 interest survey for your chance to weigh in on this year's events!



Dumplings with Huoban



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UVA Academic Calendar

FALL SEMESTER 2019

Move-In Weekend	August 23 rd – August 26 th
Courses begin	August 27 th
Add/Drop/Withdrawal	Varies by school
Reading Days	October 5 th – October 8 th
Fall Convocation/Family Weekend	October 18 th – October 20 th
Thanksgiving recess	November 27 th – December 1 st
Courses end	December 6 th
Reading Day	December 8 th
Examinations	December 9 th — December 17 th
Reading Days	December 12 th – December 15 th
Fall degrees conferred	December 17 th (no ceremony)

SPRING SEMESTER 2020

Courses begin	January 13 th
MLK Holiday	January 20 th
Add/Drop/Withdrawal	Varies by School
Spring Break	March 7 th — March 15 th
Courses end	April 28 th
Reading Day	April 29 th
Examinations	April 30 th — May 8 th
Reading Days	May 3 rd and May 6 th
Final Exercises	May 15 th — May 17 th

Hereford Event Calendar

Move-In Weekend Plant and Swag Bag Pick-Up	August 23 rd — August 26 th
Alpha Dinner & Convocation	September 7 th , 5-8 PM, Amphitheater Rain location: Green Room same time
Retreat at Seven Oaks	September 15 th 2-8 PM, depart from Runk bus stop at 1 PM
Movie on the Hill	October 19 th 7-9 PM, Hereford Lawn Rain date/location: October 18 th same time, Green Room
Dinner with Steven Mull	October 25 th , 5-7 PM, Green Room
Halloween Banquet	November 2 nd , 5-7 PM, Green Room
Thanksgiving Banquet	November 16 th 5-7 PM Green Room
Winter Banquet	December 6 th 5-7 PM Green Room Rain location: Green Room same time
Lunar New Year Banquet	February 1 st 6-8 PM Green Room
Luau Banquet	March 21 st 6-8 PM Green Room
4 th Year / Alumni Network Event	Date, time, and location TBD in April
Omega Banquet	April 18th, 5-8 PM, Hereford Lawn Rain location: Green Room same time
End of Year Retreat	Date, time, and location TBD



Sunday Welcome Back Dinners after Long Holidays

Post Winter Break – January 12th, 5:00 PM In the Hereford Hub Post Spring Break –March 15th, 5:00 PM In the Hereford Hub

Fall Final Exam Study Breaks

Study Break #1 – December 8th, 8 PM

Study Break #2 – December 12th, 8 PM

Study Break #3 – December 15th, 8 PM

Spring Final Exam Study Breaks

Study Break #1 – April 29th, 8 PM

Study Break #2 – May 3rd, 8 PM

Study Break #3 – May 6th, 8 PM

*Study breaks typically fall on UVA Reading Days. Additional Study Breaks may be planned by the Hereford Administration as our budget permits.



S'mores by the fire pit!

For more information about Hereford Residential College visit our website at https://hereford.virginia.edu. Have a question and don't know who to ask? Email ask.hereford@gmail.com

